Sides		
Edamame Beans (VG) Boiled Edamame Beans with Sea Salt	(153)	£2.95
Chilli & Cheese Bites (V) Fried Chilli & Cheese Bites served with Cucumbers, Lettuce & Rocket	(352)	£5.95
Fries (VG) Classic Potato Fries	(276)	£3.65
Sweet Potato Fries (VG) Classic Sweet Potato Fries	(168)	£4.50
Mozzarella Sticks (V) Fried Mozzarella Cheese Sticks	(359)	£5.25
Side Salad (VG) Fresh Side Salad	(124)	£2.95

Sweets & Snacks

Pancakes 5 American-style Pancakes with Maple Syrup	(509)	£6.75
Belgium Waffle 1 Belgium Waffle with Berries & Chocolate Sauce	(474)	£3.75
Muffins Triple Chocolate / Toffee Apple / Blueberry Crumble	(209)	£2.95
Brownie / Flapjack	(300)	£2.95
Chocolate Bar Snickers / Kitkat / Bounty	(240)	£1.75
Kinder Bueno	(240)	£1.95
Crisps / Peanuts	(176)	£1.95
Grenade Protein Bar	(232)	£3.95
Protein Flapjack	(223)	£2.95
Fruits & Nuts	(163)	£2.45
Sultanas & Raisins	(152)	£2.75
Graze: Protein Nut Crunch	(132)	£2.75
Baked Fruits Mango / Strawberry / Pineapple	(111)	£2.75
Nakd Bar	(155)	£2.50
Yoyo Bear	(56)	£1.85

(VG) - Suitable for Vegans (VO) - Vegan Option (V) - Suitable for Vegetarians (999) - Estimated Kcal per dish

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Drinks

Hot Drinks

Double Espresso - £3.00	Americano - £3.00 / £3.40
Espresso - £2.70	Cappuccino - £3.50 / £3.90
Flat White - £3.50	Caffe Latte - £3.50 / £3.90
Macchiato - £3.00	Hot Chocolate - £3.50 / £3.90
Double Macchiato - £3.30	Mocha - £3.70 / £4.10
Tea - £2.75	Chai Latte - £3.70 / £4.10

Matcha / Turmeric Latte - £3.70 / £4.10 Coconut milk drinks +£0.65, Iced options for all coffees +£1

Protein Shakes & Smoothies

Smoothie - £4.95	Protein Shake - £4.95
Protein Smoothie - £7.25	Milkshake - £5.50
Add Peanut Butter - £1.60	Protein Scoop - £2.70

Soft Drinks

Lucozade Energy/Sport - £3.50	Still / Sparkling Water - £1.50
Pepsi Max / Diet - £2.80	Monster Energy - £3.95
7UP Regular / Zero - £2.80	Red Bull - £3.95
Tango Orange - £2.80	Kombucha - £2.95
Ribena - £3.30	Coconut Water - £2.95
Powerade - £3.50	Draft Soda (Pint) - £2.40

Kids Drinks

Babyccino - £1.50	Cawston Juice - £1.80
Capri-Sun - £1.50	Tropicana Juice - £2.50
Kids Smoothie - £2.50	

Alcohol

Asahi (330ml) - £4.75
Peroni (330ml) - £4.50
Peroni Zero (330ml) - £3.95
Magners Cider (568ml) - £5.95
Old Mout Cider (500ml) - £6.75
J. Rabbit Pinot Grigio (187ml) - £6.95
J. Rabbit Merlot (187ml) - £6.95
J. Rabbit Prosecco (20cl) - £8.95







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Served All Day

Mode Breakfast 2 Chicken Sausages, 2 Eggs, 2 Hash Browns, 1/2 Grilled Toma Mushrooms, Toast. Served with English Breakfast Tea	(767) ato, Bean	£11.95 s,
Avocado Toast (V) Smashed Avocado served on sourdough toast with 2 poache	(496) d eggs	£8.25
3 Egg Omelette Add 3 toppings for free: Ham, Bacon, Mushroom, Pepper, On Spinach	(407) ion, Tom	£8.95 ato,
Eggs Benedict English Muffin, butter, ham, 2 poached eggs and hollandaise	(373) sauce	£8.45
Eggs Royale English Muffin, butter, smoked salmon, 2 poached eggs and	(510) hollandai	£12.25 se sauce
Sausage & Bacon Bap English Muffin with Sausage & Bacon	(345)	£5.45
Eggs on Toast (V) 2 Scrambled or Fried Eggs on brown or white toast	(345)	£4.95
Porridge Add one of these for free: peanut butter, honey or fresh fruit	(306)	£5.25
Granola & Yoghurt (V) Add peanut butter, honey or fresh fruit for £1	(174)	£4.15
Toast & Butter Served with Jam or Peanut Butter	(169)	£2.60
Pastries Butter Croissant / Pain Aux Raisin / Chocolate Twist	(207)	£2.65
Sandwiches & Danin	ic	

Sandwiches & Paninis

Served with Tortilla Chips. Upgrade to fries - £1.
Upgrade to Sweet Potato Fries - £1.50

White or Brown Bread. Upgrade to Sourdough - £0.50		
Chicken & Acocado SW Grilled Chicken Breast, Avocado, Mayo & Ba	(446) sil	£5.95
Bacon & Cheese SW Grilled bacon & Cheese	(302)	£5.25
BLT SW Bacon, Lettuce, Tomato	(401)	£5.25
CLT SW Chicken, Lettuce, Tomato	(388)	£5.25
Cheese & Tomato Toastie (V) Mozzarella, Sliced Cheese & Tomato Toastie	(560)	£5.25
Tuna Mayo SW Tuna Mayo & Cucumber	(412)	£4.75
Ham & Cheese Panini Toasted Ham & Cheese Panini	(594)	£7.95
Margherita Panini (V) Melty Cheese and Tomato Pizza Panini	(547)	£7.95
Tuna & Cheese Panini Toasted Tuna Mayo & Cheese Panini	(570)	£7.95
BBQ Cajun Chicken Panini Toasted Cajun Chicken Panini	(568)	£7.95
		CONT. CTORES

(VO) - Vegan Option (999) - Estimated Kcal per Dish

(VG) - Suitable for Vegans(V) - Suitable for Vegetarians

Main Dishes

Penne Arrabbiata (VG) Wholewheat Penne Pasta with Arrabbiata Sauce	(409)	£7.45
Chicken & Pesto Penne Wholewheat Penne Pasta with Pesto, Chicken & Bechamel Sau	(574) uce	£8.95
Chicken Breast with Salad Half a Grilled Chicken Breast with Salad	(448)	£11.45
Fish & Chips Battered Cod served with Fries, Garden Peas & Tartare Sauce	(618)	£10.95
Chicken & Avocado Bowl Grilled Chicken, Avocado, Boiled Lentils, Pomegranate, Red O Rocket & Flaked Almonds	(741) nions, Cu	£12.95 icumber,
Falafel & Hummus Bowl (V) 4 Falafels, Hummus, Spinach, Soya Beans, Lemon, Red Onion, Rocket & Pitta Bread	(820) Cucumb	£12.95 er,
Hummus & Veggie Sticks (VG) Velvet Hummus with Carrot, Cucumber, Red Pepper & Pita Bre	(743) ead	£7.45
Soup of the Week (V) Ask a Member of Staff what soup we serve this week	(350)	£4.50
Margherita Pizza (V) 12" Classic Margherita Pizza	(767)	£10.45
Pepperoni Pizza 12" Sliced Pepperoni & Cheese Pizza	(989)	£12.45
Supreme Pizza 12" Cheese, Ham, Bacon, Chicken, Onion & Red Pepper Pizza	(812)	£12.95
Jacket Potato (VG)	(150+)	£5.95

Add any of these to your Jacket Potato for £1.30 per item: Bacon, Beans, Cheese, Halloumi, Mushrooms, Olives, Tomato, Tuna Mayo

Naked Lentil Salad (VG) Salad with Green Lentils, Soya Beans, Red Peppers, Cucumber Dressing	(300) er, Olives	£7.45 & Salad
Feta / Halloumi Lentil Salad (V) (477 Green Lentils, Soya Beans, Red Peppers, Cucumber, Olives & topped with Feta Cubes / Grilled Halloumi	/ 656) Salad Dr	£9.95 essing
Chicken Lentil Salad Green Lentils, Soya Beans, Red Peppers, Cucumber, Olives & topped with Chicken	(542) Salad Dr	£11.95 essing
Chicken / Prawn Caesar Salad Caesar Salad with Grilled Chicken / Grilled Prawns (637)	/ 566)	£11.95
Nicoise Salad Fresh Salad with Boiled Egg & Tuna Mayo	(489)	£10.95
Avocado Salad (V) Fresh Salad with Avocado & Fried Egg	(318)	£9.95

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Burgers & Wraps

Burgers are served with fries. Upgrade to Sweet Potato Fries - £1 Wraps are served with Tortilla Chips. Upgrade to fries - £1. Upgrade to Sweet Potato Fries - £1.50
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Wraps are served with Tortilla Chips. Upgrade to tries - £1. Upgrade to Sweet
Dotate Fries C1 FO
Polato Fries = £1.50

	Mode Beef Burger Classic Beef Burger with Cheese & Bacon	(946)	£12.95	
	Beef Burger Classic Beef Burger with Lettuce & Tomato	(780)	£11.45	
	Chicken Burger Chicken Fillet Burger with Lettuce & Tomtato	(627)	£11.45	
	Vegan Burger (VG) Soya & Vegetable Based Burger Patty with Vegan Mayo	(847)	£11.45	
	Halal Burger Classic burger with Halal patty, lettuce & Tomato	(681)	£12.95	
Add any of these to your burger for £1.30 per item: Cheese Slice, Fried Egg, Bacon, Mushrooms, Onions, Halloumi, Avocado				
	Chicken Caesar Wrap A choice of Grilled or Crispy Chicken with Caesar sauce & Veg	(726) etables	£9.95	
	Halloumi & Avocado (V) Grilled Halloumi Cheese with Avocado spread & Vegetables	(715)	£9.95	

Kids Menu

Grilled Chicken with Red Pepper & Cheese baked in an oven

Cheese Chicken Mini Wraps
Grilled or Crispy Chicken with Cheddar Cheese in a wrap bread

Chicken Quesadilla

Falafel Wrap (VG)
Falafel with vegetables

(731) £8.95

(629) £8.45

(729) £7.95

Swap Fries for Carrot & Cucumber Sticks for free!				
Crudites (VG) Carrot & Cucumber Sticks with a pot of Hummus	(245)	£3.75		
Chicken Meatballs 5 Chicken Meatballs in Tomato Sauce served with Mash Potat	•	£6.95		
Small Chicken Wrap Grilled or Crispy Chicken Wrap with vegetables	(525)	£6.95		
Kids Burger With 2 Halal Beef Patties, Lettuce & Tomato	(549)	£7.95		
Sausage & Mash 1 Chicken Sausage with Mash Potato	(272)	£5.25		
Kids Penne Arrabbiata (V) Wholewheat Penne Pasta with Arrabbiata Sauce	(307)	£5.75		
Kids Mac & Cheese Classic Macaroni & Cheddar Cheese	(424)	£5.75		
Chicken Nuggets (VO) 5 Chicken Nuggets with Fries & Baked Beans	(384)	£6.95		
Fish Fingers 5 Fish Fingers with Fries & Baked Beans	(462)	£6.95		
Kids Margherita Pizza (V) 9" Classic Margherita Pizza	(662)	£7.45		
Kids Pepperoni Pizza 9" Sliced Pepperoni & Cheese Pizza (Halal Option Available)	(887)	£8.45		